Have you "Paused & Checked"?

IR(ME)R Operator checklist for theatre and mobile imaging investigations including IRR considerations

P	Patient	Confirm patient ID (unconscious patients – record the person responsible for confirming ID) Verify pregnancy/breastfeeding status Confirm pathology results (e.g. eGFR) and no contraindications for the use of intravenous contrast media Verify consent
A	Anatomy	Verify anatomical area, laterality, and where patients are draped, position
U	User Checks (IRR)	Consider the environment – persons present and entering Area designation – controlled or supervised? (Follow Local Rules) Prevent unauthorised access – be prepared to terminate exposure! Restrict exposures to staff/carers Check staff/carers for PPE and correctly positioned dosimeters
	User Checks IR(ME)R	Confirm the exposure is justified and authorised Double check previous relevant imaging Safety checks – e.g. implantable cardiac defibrillator Optimise patient dose (ALARP)
S	System & Settings	Confirm visibility/status of warning signage to restrict access Confirm correct patient selection from pre-loaded list Confirm correct exposure factors Final confirmation of CORRECT patient Ensure audible exposure warning is given where required
E	End exposure	End examination Ensure x-ray generator is isolated, or source contained/removed Can area be de-designated? Ensure mobile equipment is clean and suitably stored
D	Draw to a Close	Complete RIS record including dose Send images to PACS, check correctly labelled and stored

IR(ME)R requires all duty holders to comply with their local Employers procedures. This "pause and check" poster does **not replace** these procedures but represents a shortened summary of the main checks. **You must always adhere to your local procedures.**

