# Pilot Leadership Mentoring Scheme

# THE SOCIETY OF RADIOGRAPHERS

Celebratory Closing Event UKIO 2023 Alexandra Lipton



# **Scheme Aims**



- To develop mentoring skills in a group of volunteer senior managers and current leaders from within the profession (mentors)
- To support a cohort of radiographers (mentees) to develop the confidence and skills to pursue leadership and management roles within the profession
- To evaluate the feasibility of rolling out a similar scheme to the wider membership to support and develop leadership and management skills within the wider radiographic workforce.



# **Overview**



To request the application form and guidance doc, email pande@sor.org



- RADIOGRAPHERS
- Launch Event June 2022
- SoR Project Team
- Steering Group
- 10 Mentor/Mentee pairings
- Formal Training by Coach Mentoring
- Handbook/ Web **Resources/Synapse Forum**
- Mid Point Networking Event
- Scheme Close June 2023
- Evaluation and Publication forthcoming



Activity	Dates		
Application and Selection Process	27 <sup>th</sup> May- June 14 <sup>th</sup> 2022		
Mentor Training virtual	21 <sup>st</sup> June 2022		
Mentee training virtual	22 <sup>nd</sup> June 2022		
Launch event	27 <sup>th</sup> June 2022		
Contract forms completed and returned	29 <sup>th</sup> July 2022		
1 <sup>st</sup> evaluation forms submitted	November 2022		
1 <sup>st</sup> progress report	January 23		
face to face networking and training event SoR HQ	21 <sup>st</sup> February 2023		
2 <sup>nd</sup> evaluation forms	Fri 31 <sup>st</sup> March 2023		
2 <sup>nd</sup> progress report	April 2023		
3 <sup>rd</sup> evaluation forms	May 31 <sup>st</sup> 2023		
Final Networking Event /feedback event	Tuesday 6 <sup>th</sup> June 2-23 UKIO		
Project evaluation/analysis and report	July- August 2023		
Publications	September 2023		



# **Training and Resources**



**Coach Mentoring** 

Initial Training Webinar How to be a skilled mentee Growth mindset Listening Skills How to get more out of your mentoring relationship Guide to effective Mentoring







Society of Radiographers

Effective Mentoring

Guide for mentors and mentees





I have a new confidence in the abilities that I can undertake as a leader and feel comfortable in my role

> My evolving relationship with my mentee has allowed me to reflect on the challenges at a local service level and consider what wider support may be useful to develop our leaders of the future from a national perspective.

As we were focussing on interviews and promotion I felt that there was useful advice that I could offer as I have a lot of experience in this area.



My mentor has allowed me to grow as a leader, suggesting techniques and introducing theories to explore and implement into my role:

### **Mentor/Mentee Reflections**





#### Mentor Perspective – The halfway mark my experiences so far:

## Before

- Caution can we establish the relationship sufficient to build the necessary trust?
- Establishing the best way to connect with each other.
- Chatham house rules & impartiality.

## **During – Initial thoughts**

- Understanding Mentee's professional practice aspirations.
- Harmonising Mentee aspirations to explore potential career trajectory.
- Drawing out personal value sets to discover alignment with potential organisations.
- Provision of a "sounding board" capacity.

## After 6 months...

- Trust established.
- Critical friend safe space & challenges.
- Perspective taking drives enablement.
- Exploring different career directions.





#### Mentee Perspective – The halfway mark my experiences so far:

## Before

- Apprehension- not knowing what to expect.
- Unfamiliar relationship serious & sensitive topics, unsure how I would react to this.
- Would I get the most benefit from this if I was the barrier?
- Something new but unfamiliar territory.

## **During** – Initial thoughts

- Instant connection with partnership.
- Relief somebody that understood me both personally & professionally.
- Impartial view is available gives a different perspective, highlights awareness.
- Time to unload / reflect.

## After 6 months...

- Somebody to push and motivate me.
- Learned lots about self-awareness.
- Thought a about where I want to go.
- Sought advice & moral support.



#### **Mentee Reflections at Project End:**

"I'm very appreciative of the experiences and mentorship that I've had throughout the programme. The whole experience has been positive and beneficial to my personal and professional development. I honestly don't think I could have been paired with a better mentor, and I really think that was a key element to ensuring everyone got the most out of the programme.

It's been a great opportunity to be guided and steered by a valued professional in the radiography sector and has really helped decide my future career path. I really needed that additional support from somebody that not only knew about radiography but also knew about leadership. Penny has been an amazing support and I'm really proud of my achievements and the opportunity to participate in this programme."





#### **Mentor Perspective at Project End**:

- Learning Opportunities -Further honing own Leadership and Communication Skills.
- Build a stronger, more diverse professional network.
- In Mentoring, Learning Goes Both Ways reverse mentoring moments!
- Altruism Is Its Own Reward Passing The Baton....





# My Journey as a Mentee

Sarah Eades Formally Clinical Governance & Quality lead Radiographer



# The WHYs



- Newish Role
- Wanting direction
- Frustration breaking that barrier to Management
- Networking
- Exploring my own values and challenging myself



# The How's



- Exploring my role and where I fit
- My ambitions
- Build maps
- Looked at all the what if's
- Creative ways of thinking



# The what Next



- Skills to approach things differently
- More ambitious
- More aware of what I actual want
- Side projects- Shared work force, Improved relationships and other opportunities
- Side by side I started my own journey as a Mentor.





# Pilot Leadership Mentoring Scheme

**Elizabeth Ladd** 



## Reflections



#### **Objectives**

Structure of sessions – face to face & online



Content of sessions – kept fluid, mentee lead, based on themes emerging from the workplace but reflect on objectives



Areas of strength and those for growth

**Resources & strategies** 



"On a personal level I have really enjoyed the opportunity to act as a mentor. I have found that I have adapted my approach to mentoring and have tried different techniques that I have not previously used. This combined with the feedback that I have received from my mentee has helped me to refine my style and try to adopt the right approach for different scenarios."



"Meetings with my mentor are a safe space to explore challenges, ideas, feelings and situations I have encountered."





# **Clare Hartill**

Head of Radiotherapy





# Mentor & Mentee



#### • 25 years in RT, 3.5 years as a Head of Service

- Lack of comprehensive leadership training/ exposure for clinical staff
- Not always obvious mentors where you work

#### • 19 years in RT

- Worked in UK for several years
- Head of department in SA
- Currently in private RT centre, B6
- Wanted to move into the NHS for a leadership position



## Process







## Process



NHS Leadership position

Realistic goals













# **The Experience**



#### • Mentor

• Learning and sharing experience

#### • Mentee

- Listening ear to both personal and professional issues
- Guidance and support
- Opened her mind to possibilities she had not considered
- Confidence to make changes



# **Acknowledgments**

Steering Group	Mentors	Mentees	Project Team /Training
Dr Rachel Harris	Clare Hartill	Kgomotso Botsi	Coach Mentoring
Shelley Whittington	David White	Sarah Eades	Clare Leeson
Dr Christina Malamateniou	Elizabeth Ladd	Emma Smith	Corinne Thomas
Karen Smith	Jill Mckenna	Charlotte Smith	Formal Radiography Research Mentoring (FoRRM)
Paula Horne	Penny Owens	Hannah Scragg	
Alison Hewitt	Julie Somers	Sherveen Wells	
	Kim Robertson	Jessica Webb	







Thank you alexandral@sor.org Project Lead