Clinical Management Plan for treatment of early breast cancer with Tamoxifen and Radiotherapy

Name of Patient	**Patient medication sensitivities/allergies:**
Patient identification-(Unit number and DOB)	
Patient history summary	
Independent Prescriber(s):	**Supplementary Prescriber(s)** Jane Mathlin Sherryl Jenkins Karen Williams
Condition(s) to be treated: Oestrogen receptor positive (ER+ve) breast cancer in pre-menopausal patients	**Aim of treatment: Hormonal manipulation of ER+ve breast cancer in pre-menopausal patients and alleviation of radiotherapy side effects.**
Further treatment and tests to be arranged.	
Medicines that may be prescribed by SP	

Preparation	Indication	Dose schedule	Specific indications for referral back to the IP
Tamoxifen	**ER+ve breast cancer in pre-menopausal patients**	**20mg once a day as per BNF.**	**Side effects from Tamoxifen not tolerable for patient. Patient taking fluoxetine/ duloxetine or paroxetine**
Skin Care: Unguentum M cream.	*Erythema relating to treatment.*	**Apply 3-4 times daily to affected area.**	*Unexpected side effects from cream.*
Hydrocortisone 1% cream.	*Itchy skin relating to treatment.*	**Apply sparingly twice daily.**	*Side effects from hydrocortisone cream.*
Canesten cream	*Fungal infection of skin*	**Apply twice daily to affected area**	*Treatment ineffective or skin broken down.*
IntraSite gel	*Treatment related moist desquamation.*	**Apply daily to affected area.**	*Treatment ineffective or signs of infection. RTOG grade 4 reaction.*
Polymem	*Treatment related moist desquamtion not helped by aquaform gel*	**Apply to affected area every 2-3 days depending on exudate.**	*Treatment ineffective or signs of infection. RTOG grade 4 reaction.*
Cetirizine hydrochloride	*Itchy skin relating to radiotherapy. Hydrocortisone cream ineffective or contra-indicated*	**10mg once a day as per BNF**	*Treatment ineffective*
Analgesia: Paracetamol	*Pain relating to treatment.*	**1 gram 4 times daily as per BNF.**	
Co-codamol 30/500	*Pain relating to treatment not relieved by paracetamol.*	**2 tablets 4 times daily as per BNF.**	*Side effects from paracetamol.*
Ibuprofen	*Pain relating to treatment that has an inflammatory component and use of NSAID's not contra-indicated.*	**400mg 3 times daily as per BNF.**	*Unexpected side effects from co-codamol or treatment not effective.*
Nausea: Metoclopramide	*Nausea relating to radiotherapy*	**10-20mg 3 times daily as per BNF**	*Unexpected side effects from ibuprofen.* *Nausea not helped by anti-emetic.*

Guidelines or protocols supporting Clinical Management Plan:
SE Wales Breast Group-"The development and maintenance of a high quality breast service in south east Wales"
National Cancer Institute Common Toxicity Criteria

Frequency of review and monitoring by:	
Supplementary prescriber weekly	**Supplementary prescriber and independent prescriber Annually**
Process for reporting ADRs: **Discuss with IP. Complete yellow card if serious, unexpected or black triangle drug.**	
Shared record to be used by IP and SP: **Velindre NHS Trust Medical Record and CANISC**	

Agreed by independent prescriber(s)	Date	Agreed by supplementary prescriber(s)	Date	Date agreed with patient/carer